

### Winter menu 2022

### Week beginning: 5/9, 26/9, 17/10, 14/11, 5/12

	Monday	Tuesday	wednesday	Thursday	Friday
Mains	Macaroní with ham	Cottage pie	Roast gammon	Sausage and bean pízza	Fish fingers and curly fries.
veggie	Macaroní cheese	Vegan Lentíl, sweet potato cottage pie	Veggie roast	Cheese and tomato pízza	Cheese and onion pasty and curly fries.
	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.		Jacket potato with ham, cheese, beans and tuna mayo.  Roll with ham, cheese and tuna mayo.
Sídes	Garlíc bread, carrots and salad bar.	Peas and salad bar.	Broccolí, roast potatoes, gravy and carrots and salad bar.	wedges, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	Carrot cake and cream cheese frosting. Yogurt and fruit.	Chocolate dream cookie, yogurt and fruit.	Pear and berry crumble and custard, yogurt and fruit.	Iced ginger muffins, yogurt and fruit.	vanilla ice cream and berry compote, yogurt and fruit.

Week beginning: 12/9, 3/10, 31/10, 21/11, 12/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Pork sausage and mash, with gravy.	Beef bolognaise.	Roast turkey	Meat feast pízza.	Fish fingers and chips.
veggie	Quorn sausages and mash, with gra- vy.	Quorn bolognaíse.	vegan sweetcorn fitters	Cheese and tomato pízza.	Vegetarían nuggets and chíps.
Other	Jacket potato with ham, cheese, beans and tuna mayo.  Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.  Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tu- na mayo. Roll with ham, cheese and tuna mayo.
Sídes	Peas and salad bar.	Garlíc bread, broccolí and salad bar.	Carrots, honey roasted parsnips, roast potatoes, gravy and salad bar.	Skinny fries, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	Winter berry muffins and cream cheese frosting, Yogurt and fruit.	Treacle sponge, yogurt and fruit.	Banana and chocolate cake with chocolate custard, yogurt and fruit.	Strawberry jelly with mandarin seg- ments, yogurt and fruit.	Chocolate ice cream, white chocolate and peppermint cookie, yogurt and fruit.

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken pie and mash	Beef lasagne	Pork sausage toad in the hole.	Ham and cheese pízza.	Fish fingers and skinny fries.
veggie	Quorn pie and mash	Quorn lasagne	Veggie sausage toad in the hole.	Cheese pízza.	veggie/vegan burger and skinny fries.
Other	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.		Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo. Roll with ham, cheese and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.  Roll with ham, cheese and tuna mayo.
Sídes	Stír fry vegetables and salad bar.	Garlíc bread, carrots and salad bar.	Broccolí, carrots, roast potatoes, gravy and home made stuffing balls.	Wedges, sweetcorn and salad bar.	Pasta, Beans, peas and salad bar.
Pudding	Butternut muffins and cream cheese frosting. Yogurt and fruit.	Blueberry and orange pancake with chocolate sauce/squirty cream, yogurt and fruit.	Píneapple upsíde down cake with custard, yogurt and fruit.	Raspberry flapjack, yogurt and fruit.	St peters mud pie, yogurt and fruit.



## Winter vegan menu 2022

Week beginning: 5/9, 26/9, 17/10, 14/11, 5/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Cheese and tomato pasta	Vegan lentíl and sweet potato cottage píe.	Vegan roast	Cheese, bean and vegan sausage píz- za	vegan cheese and onion pasty and curly fries.
Other	Jacket potato with, vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans
Sídes	Garlíc bread, carrots and salad bar.	Peas and salad bar.	Broccolí, roast potatoes, gravy and carrots and salad bar.	wedges, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	fruit.	Chocolate dream cookie and fruit.	Pear and berry crumble and fruit.	fruit.	Vanilla vegan ice cream and berry compote, fruit.

Week beginning: 12/9, 3/10, 31/10, 21/11, 12/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Míxed veg tomato pasta	Vegan sausages and mash, with gra- vy.	Vegan sweetcorn fitters	Cheese and tomato pízza.	Vegan nuggets and chips.
Other	Jacket potato with vegan cheese and	Jacket potato with vegan cheese and	Jacket potato with vegan cheese and	Jacket potato with vegan cheese and	Jacket potato with vegan cheese and beans
	beans	beans	beans	beans	
Sídes	Garlic bread, broccoli and salad bar.	Peas and salad bar.	Carrots, roast potatoes, gravy and salad bar.	Skinny fries, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
udding	Strawberry sorbet and fruit.	fruit.	Chocolate dream cookie and fruit.	fruít.	vanilla vegan ice cream and fruit.

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Cheesy, tomato and rice stuffed pepper	Vegan chow mein.	Vegan roast	Cheese and tomato with sweetcorn pizza.	Vegan burger and skinny fries.
Other	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans
Sídes	Garlic bread, carrots and salad bar.	Stír fry vegetables and salad bar.	Broccolí, carrots, roast potatoes, gravy and home made stuffing balls.	Wedges, sweetcorn and salad bar.	Pasta, Beans, peas and salad bar.
Pudding	fruit.	Blueberry and orange pancake and fruit.	Vanilla vegan ice cream and fruit.	Banana flapjack and fruit.	fruit.



# Winter Dairy free menu 2022

Week beginning: 5/9, 26/9, 17/10, 14/11, 5/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Vegan Cheese and tomato pasta	Cottage píe	Roast Gammon	Vegan Cheese, bean and sausage pízza	Fish fingers/vegan cheese and onion pasty and curly fries.
Other	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tu- na mayo.
Sídes	Garlíc bread, carrots and salad bar.	Peas and salad bar.	Broccolí, roast potatoes, and carrots and salad bar.	wedges, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	Carrot cake and fruit.	Chocolate dream cookie and fruit.	Pear and berry crumble and fruit.	Iced ginger muffin and fruit.	vanilla vegan ice cream and berry compote, fruit.

Week beginning: 12/9, 3/10, 31/10, 21/11, 12/12

VI	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Beef bolognaise.	Vegan Sausages and mash,	Roast turkey.	Vegan Cheese and tomato pízza.	Fish fingers and chips.
Other	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans
Sídes	Garlic bread, broccoli and salad bar.	Peas and salad bar.	Carrots, roast potatoes, honey roast parsnips and salad bar.	Skinny fries, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	Winter berry muffins and fruit.	Treacle and parsnip sponge and fruit.	Banana and chocolate sponge and fruit.	Orange jelly with mandarin segments and fruit.	Vanílla vegan íce cream and fruit.

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Beeflasagne.	Chicken chow mein.	Vegan sausages.	Ham and vegan cheese pízza.	Breaded fish fillet and skinny fries.
Other	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans
Sides	Garlíc bread, carrots and salad bar.	Stír fry vegetables and salad bar.	Broccolí, carrots, roast potatoes, and home made stuffing balls.	Wedges, sweetcorn and salad bar.	Pasta, Beans, peas and salad bar.
Pudding	Butternut muffins and fruit.	Blueberry and orange pancake and fruit.	Vanilla vegan ice cream and fruit.	Banana flapjack and fruit.	fruít.



# Winter Dairy free/Soya free menu 2022

Week beginning: 5/9, 26/9, 17/10, 14/11, 5/12

	Monday	Tuesday	wednesday	Thursday	Friday
Mains	Vegan Cheese and tomato pasta	Cottage píe	Roast Gammon	Vegan Cheese and bean pizza	Fish fingers/vegan cheese and onion pasty and curly fries.
Other	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tuna mayo.	Jacket potato with ham, cheese, beans and tu- na mayo.
Sídes	Garlíc bread, carrots and salad bar.	Peas and salad bar.	Broccolí, roast potatoes, gravy and carrots and salad bar.	wedges, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	Carrot cake and fruit.	Chocolate dream cookie and fruit.	Pear and berry crumble and fruit.	Iced ginger muffin and fruit.	Vanilla vegan ice cream and berry compote, fruit.

Week beginning: 12/9, 3/10, 31/10, 21/11, 12/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Beef bolognaise.	vegan sausages and mash, with gra- vy.	Roast turkey.	Vegan cheese and tomato pízza.	Fishless fingers and chips.
Other	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans
Sídes	Garlic bread, broccoli and salad bar.	Peas and salad bar.	Carrots, roast potatoes, honey roast parsnips and gravy and salad bar.	Skinny fries, sweetcorn and salad bar.	Pasta, Peas, beans and salad bar.
Pudding	Winter berry muffins and fruit.	Treacle and parsníp sponge and fruit.	Banana and chocolate sponge and fruit.	Orange jelly with mandarin segments and fruit.	Vanílla vegan íce cream and fruít.

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Beeflasagne.	Chicken chow mein.	Vegan sausages.	Ham and vegan cheese pízza.	Breaded fish fillet and skinny fries.
Other	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans	Jacket potato with vegan cheese and beans
Sídes	Garlíc bread, carrots and salad bar.	Stír fry vegetables and salad bar.	Broccolí, carrots, roast potatoes, gravy and home made stuffing balls.	Wedges, sweetcorn and salad bar.	Pasta, Beans, peas and salad bar.
Pudding	Butternut muffins and fruit.	Blueberry and orange pancake and fruit.	Vanilla vegan ice cream and fruit.	Banana flapjack and fruit.	fruít.